

If you're sick, please stay HOME



All residents please stay home if you are having any symptoms or not feeling well. We want to continue to Stop the Spread of Covid and Flu. If you are having symptoms, begin self-quarantine immediately and reach out to your primary care physician or family to assist you in getting tested for COVID.

We are following the CDC recommendations as follows:

IF YOU

Tested positive for COVID-19 or have symptoms, regardless of vaccination status

Stay home for at least 5 days

Stay home for 5 days and [isolate](#) from others in your home.

Wear a [well-fitting mask](#) if you must be around others in your home.

[Do not travel.](#)

Ending isolation if you had symptoms

[End isolation after 5 full days](#) if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.

Ending isolation if you did NOT have symptoms

[End isolation after at least 5 full days](#) after your positive test.

If you got very sick from COVID-19 or have a weakened immune system

You should isolate for at least 10 days. Consult your doctor before ending isolation.

Take precautions until day 10

Wear a well-fitting mask

Wear a [well-fitting mask](#) for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Do not travel

[Do not travel](#) until a full 10 days after your symptoms started or the date your positive test was taken if you had no symptoms.

Avoid being around people who are [more likely to get very sick](#) from COVID-19.