October 2026

Birthdays:
Springwood: Carol R., 03 - Jackie S., 04 - Eleanor B., 09 - Bill P., 09 - Joann R., 13 - Shirley W., 13 - Mary C., 22 - Norma W., 23 - Juanita G., 24 - Beverly C., 30 - Cynthia C., 31
Fountains: Teesta S., 09 - Patricia D., 15 - Mary V., 23 - Donna J., 26
Cottages: Barbara C., 18 - Michelle D., 23

AR-Activities Room BR- Billiards Room CH- Chapel DR- Dining Room FL- Front Lobby MZ-Mezzanine TV -TV Room CY - Court Yard

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 **Music Therapy with Meredith** FL 12:30 Sit & Stitch - RL 1:15 **Shopping: Flatirons Mall** AR 2:00 **Calendar Highlight** AR 3:00 Bingo MZ 5:00 Card Games - RL	2 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 Cardio Drumming 10:00 **Scenic Drive** MZ 12:00 Quiddler - RL AR 2:00 **Happy Hour with Entertainment** BR 5:00 Bridge - RL	3 FL Activity Packet FL 10:00 Walking Club - RL MZ **10:00 Bridge Refresh/Beginner Group** CH 11:00 **Rosary** AR 2:00 Watercolors & Music - RL TV 2:15 Scrabble Group FL 3:15 **Ethan Hall on Piano** CH 4:30 Movie: Love Among the Ruins Simchat Torah Begins
4 FL Activity Packet CH 10:00 Worship Service Springwood Chapel FL 2:00 Walking Club - RL CH **2:25 Denver Broncos vs. San Francisco 49ers** BR 2:30 Farkle - RL	5 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 **Vitals Clinic** FL 10:30 Flower Arranging 11:30 **Lunch Club: School House** MZ 12:15 Scrabble Group - RL AR 1:00 Bingo AR 3:00 Indoor Pickleball BR 5:00 Hand & Foot - RL	6 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 Manicures & Mimosas CH 10:00 **Communion & Rosary** 10:00 **Walgreens & Dollar Tree** FL 12:00 **Mountain Man Candy & Nuts** AR 1:00 Strength and Balance MZ 1:00 Bridge - RL BR 1:30 "Play Nine" - RL BR 2:00 MC: Beer & Billiards AR 3:00 **Active Minds: Colorado Ballot 2026**	7 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 Ghostly Art 10:30 & 2:15 **King Soopers** BR 12:00 Hand & Foot - RL FL 1:00 Lemonade and Trivia FL 1:30 **Pet Therapy Diana's Dogs** AR 2:00 **Movement & Mobility with Melissa** 4:00 West Cottages Gazebo Get Together AR 5:30 Cardio Drumming	8 FL 8:00 Community Café AR 9:15 Total Fitness FL 10:15 Spider Web Treats FL 12:30 Sit & Stitch - RL AR 1:15 **Shopping: Goodwill** AR 2:00 Qi Gong/ Tai Chi AR 3:00 Bingo MZ 5:00 Card Games - RL	9 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 **Active Minds: The Music of Julie Andrews** MZ 12:00 Quiddler - RL AR 2:00 **Happy Hour with Entertainment** BR 5:00 Bridge - RL	10 FL Activity Packet FL 10:00 Walking Club - RL CH 11:00 **Rosary** AR 2:00 Watercolors & Music - RL CH 4:30 Movie: Casablanca AR 5:30 Cardio Drumming Make Up Day
11 FL Activity Packet CH 10:00 Worship Service Springwood Chapel FL 2:00 Walking Club - RL CH **2:05 Denver Broncos vs. LA Chargers** BR 2:30 Farkle - RL	12 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 Halloween Door Décor MZ 12:15 Scrabble Group - RL AR 1:00 Bingo AR 3:00 Indoor Pickleball 4:30 **Dinner Outing: Elk's Spaghetti Dinner** BR 5:00 Hand & Foot - RL Columbus Day (U.S.) Thanksgiving Day (Canada)	13 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 October Fun Brain Games 10:00 **Walmart** CH 10:00 **Communion & Rosary** AR 1:00 Strength & Balance MZ 1:00 Bridge - RL BR 1:30 "Play Nine" - RL BR 2:00 MC: Beer & Billiards	14 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 DIY Halloween Shirts 10:30 & 2:15 **King Soopers** BR 12:00 Hand & Foot - RL FL 1:00 Lemonade and Trivia AR 2:00 **Movement & Mobility with Melissa** AR 5:30 Cardio Drumming	15 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:15 DIY Spooky Candle 1:00 **Peace Lutheran Church 65+ Group** FL 12:30 Sit & Stitch - RL AR 2:00 Qi Gong/ Tai Chi AR 3:00 Bingo MZ 5:00 Card Games - RL AR **6:15 Denver Broncos vs. Seattle Seahawks**	16 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 Cardio Drumming MZ 12:00 Quiddler - RL AR 2:00 **Happy Hour with Entertainment** BR 5:00 Bridge - RL	17 FL Activity Packet FL 10:00 Walking Club - RL CH 11:00 **Rosary** AR 2:00 Watercolors & Music - RL TV 2:15 Scrabble Group FL 3:15 **Ethan Hall on Piano** CH 4:30 Movie: Hidden Figures
18 FL Activity Packet CH 10:00 Worship Service Springwood Chapel FL 2:00 Walking Club - RL BR 2:30 Farkle - RL	19 FL 8:00 Community Café 9:00 **Breakfast Club: Home Cookin Cafe** AR 9:15 Total Fitness AR 10:00 **Resident Meeting** MZ 12:15 Scrabble Group - RL AR 1:00 Bingo AR 3:00 **Science with Trina - Dead Men Do Tell Tales** BR 5:00 Hand & Foot - RL	20 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 **Sip & Paint with Jessica** CH 10:00 **Communion & Rosary** 10:00 **Trader Joe's** FL 12:00 **Mountain Man Candy & Nuts** AR 1:00 Strength and Balance MZ 1:00 Bridge - RL BR 1:30 "Play Nine" - RL BR 2:00 MC: Beer & Billiards	21 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 **Pumpkin Carving** FL 10:30 **Dog Visits with Rosie** 10:30 & 2:15 **King Soopers** BR 12:00 Hand & Foot - RL AR 1:00 **Bunco with St. Joan of Arc** FL 1:30 **Pet Therapy Diana's Dogs** MZ 2:00 **Movement & Mobility with Melissa** AR 3:15 **Pickleball Tournament with The Fountains** 4:00 West Cottages Gazebo Get Together AR 5:30 Cardio Drumming	22 FL 8:00 Community Café AR 9:15 Total Fitness 9:45 **Outing: Celestial Seasoning Tour** FL 12:30 Sit & Stitch - RL CH 3:00 **Great Decisions Class** MZ 5:00 Card Games - RL	23 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 **Active Minds: The Music of Billy Joel** MZ 12:00 Quiddler - RL AR 2:00 **Birthday Happy Hour with Entertainment** BR 5:00 Bridge - RL	24 FL Activity Packet FL 10:00 Walking Club - RL CH 11:00 **Rosary** AR 2:00 Watercolors & Music - RL CH 4:30 Movie: North by Northwest AR 5:30 Cardio Drumming Make Up Day
25 FL Activity Packet CH 10:00 Worship Service Springwood Chapel FL 2:00 Walking Club - RL CH **2:05 Denver Broncos vs. Arizona Cardinals** BR 2:30 Farkle - RL	26 FL 8:00 Community Café AR 9:15 Total Fitness FL 10:15 Cooking Group: Halloween Dirt Cups 11:30 **Lunch Club: Lot One** MZ 12:15 Scrabble Group - RL AR 1:00 Bingo TV 2:00 **Book Club** AR 3:00 Indoor Pickleball BR 5:00 Hand & Foot - RL **Spirit Week: Orange & Black Day**	27 FL 8:00 Community Café AR 9:15 Total Fitness 10:00 **Target** CH 10:00 **Communion & Rosary** AR 11:00 **Lunch and a Movie: The Haunted Mansion** AR 1:00 Strength & Balance MZ 1:00 Bridge - RL BR 1:30 "Play Nine" - RL BR 2:00 MC: Beer & Billiards **Spirit Week: Favorite Halloween Shirt**	28 FL 8:00 Community Café AR 9:15 Total Fitness AR 10:00 Pink Support Ribbon Craft 10:30 & 2:15 **King Soopers** BR 12:00 Hand & Foot - RL FL 1:00 Jack-o-Lantern Floats and Trivia AR 2:00 **Movement & Mobility with Melissa** 4:00 West Cottages Gazebo Get Together AR 5:30 Cardio Drumming **Spirit Week: Pink Day**	29 FL 8:00 Community Café AR 9:15 Total Fitness 9:30 **Blackhawk** AR 10:00 Mini Pumpkin Project FL 12:30 Sit & Stitch - RL AR 2:00 Qi Gong/ Tai Chi AR 3:00 Bingo MZ 5:00 Card Games - RL **Spirit Week: Halloween Head to Toe**	30 AR 9:15 Total Fitness FL 11:00 **Trick or Treat with Stott Elementary** MZ 12:00 Quiddler - RL AR 2:00 **Halloween Happy Hour Social** DR **5:30 - 7:00 Halloween Party with Entertainment by Adolph and Jan** BR 5:00 Bridge - RL **Spirit Week: Halloween Costume**	31 FL Activity Packet FL 10:00 Walking Club - RL CH 11:00 **Rosary** AR 2:00 Watercolors & Music - RL CH 4:30 Movie: In the Heat of the Night Halloween

Springwood Activities Calendar

Please sign up at the front desk for all Outings

** All Activities are subject to change