Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Read with Me Group 1:10 **Shopping: Flatirons Mall** FP 2:00 Sweet Conversations L 5:30 Puzzle Club (RL)	2 **Happy Birthday Frank R!** IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Bingo IC **2:00 Happy Hour with Entertainment**	3 **Daily Delights Activity Packet** L **2:20 Ethan Hall on Piano** Simchat Torah Begins
4 IC 9:00 Church Service L 2:00 Rummikub (RL) **2:25 Denver Broncos vs. San Francisco 49ers**	5 IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Creative Club: Flower Arranging 1:30 1 on 1 Visits with Madi L 2:00 Rummikub (RL) 2:30 **Scenic Drive**	6 **Happy Birthday Pat S!** IC 9:00 Rosary Team IC 9:30 Catholic Communion IC 9:45 Total Body Fitness with Weights IC 10:00 Daily Chronicle 10:10 **Walgreens/Dollar Tree** IC 10:15 Cooking Group: Spider Web Pretzels IC 2:00 Sip & Paint with Jessica	7 8:45 & 2:10 **King Soopers** IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Manicures with Jessica MP 10:30 **The Bible Collection** FP 1:45 Treats & Trivia 2:30 **Dog Visits with Dianna** L 3:00 **Music Memories with Coreen** MP 5:30 **Movie: Hocus Pocus**	8 IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:45 **Music Therapy with Bella** 1:10 **Shopping: Goodwill** FP 2:00 Ice Cream Social L 5:30 Puzzle Club (RL)	9 IC 9:30 Total Body Fitness with Weights IC 10:00 Daily Chronicle IC 10:15 Bingo IC 2:00 **Happy Hour with Entertainment by Tom Y.**	10 **Daily Delights Activity Packet** MP **2:30 The Bible Collection**
11 IC 9:00 Church Service L 2:00 Rummikub (RL) **2:05 Denver Broncos vs. LA Chargers**	12 IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Creative Club: Soft Stitch 1:30 1 on 1 Visits with Madi L 2:00 Rummikub (RL) 2:30 **Scenic Drive** Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 IC 9:00 Rosary Team IC 9:30 Catholic Communion IC 9:45 Total Body Fitness with Weights IC 10:00 Daily Chronicle 10:10 **Walmart** IC 10:15 Cooking Group: Dirt & Cups MP 2:00 Beanbag Baseball	14 8:45 & 2:10 **King Soopers** IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle 10:00 **Dog Visits with Rosie** MP 10:15 Armchair Travel: Czech Republic FP 1:45 Treats & Trivia IC 3:00 Game: Dominos Mexican Train (RL) MP 5:30 **Movie: Dracula (1931)**	15 IC 9:30 **Music with Meredith** IC 10:45 Daily Chronicle FP 2:00 Sweet Conversations L 5:30 Puzzle Club (RL) **6:15 Denver Broncos vs. Seattle Seahawks**	16 IC 9:30 Total Body Fitness with Weights IC 10:00 Daily Chronicle IC 1:15 Bingo IC 2:00 **Birthday Happy Hour with Entertainment by Aaron W.**	17 **Daily Delights Activity Packet** L **2:20 Ethan Hall on Piano**
18 IC 9:00 Church Service L 2:00 Rummikub (RL)	19 IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Creative Club: Halloween Shirts MP 1:30 **Science with Trina** L 2:00 Rummikub (RL) 2:45 **Scenic Drive**	20 IC 9:00 Rosary Team IC 9:30 Catholic Communion IC 9:45 Total Body Fitness with Weights 9:55 **Trader Joe's** IC 10:00 Daily Chronicle IC 10:15 Cooking Group: Halloween Snack Mix MP 2:00 Beanbag Baseball	21 8:45 & 2:10 **King Soopers** IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Manicures with Madi MP 10:30 **The Bible Collection** FP 1:45 Treats & Trivia 2:30 **Dog Visits with Dianna** IC 3:00 Game: Scrabble (RL) MP 5:30 **Movie: The Addams Family**	22 IC 9:30 Total Body Fitness 9:40 **Outing: Celestial Seasonings** IC 10:00 Daily Chronicle IC 10:15 Crafty Corner: Pumpkin Carving/Painting FP 2:00 Ice Cream Social L 5:30 Puzzle Club (RL)	23 IC 9:30 Total Body Fitness with Weights IC 10:00 Daily Chronicle MP 10:30 **Active Minds: Gustavo Dudamel** IC 2:00 **Happy Hour with Entertainment**	24 **Daily Delights Activity Packet** MP **2:30 The Bible Collection**
25 **Happy Birthday Wilma G!** IC 9:00 Church Service L 2:00 Rummikub (RL) **2:05 Denver Broncos vs. Arizona Cardinals**	26 IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Resident Council 1:30 1 on 1 Visits with Madi L 2:00 Rummikub (RL) 2:30 **Scenic Drive** **Halloween Spirit Week:** **Orange and Black Day!**	27 IC 9:00 Rosary Team IC 9:30 Catholic Communion IC 9:45 Total Body Fitness with Weights IC 10:00 Daily Chronicle 10:10 **Target** 10:15 Creative Club IC 2:00 Jack-O-Lantern Float Social **Favorite Halloween Shirt Day!**	28 8:45 & 2:10 **King Soopers** IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle MP 10:15 Armchair Travel: Czech Republic FP 1:45 Treats & Trivia IC 3:00 Game: Bridge (RL) MP 5:30 **Movie: Nightmare Before Christmas** **Pink Day!**	29 9:20 **Blackhawk** IC 9:30 Total Body Fitness IC 10:00 Daily Chronicle IC 10:15 Read with Me Group FP 2:00 Sweet Conversations L 5:30 Puzzle Club (RL) **Halloween Head to Toe!**	30 IC 9:30 Total Body Fitness with Weights IC 10:00 Daily Chronicle IC 10:15 Bingo IC 2:00 **Halloween Party with Entertainment** **Halloween Costumes!**	31 **Daily Delights Activity Packet** MP **2:30 The Bible Collection** Halloween

Nightingale Suites Activity Calendar **** All activities are subject to change at any time**** Please sign up at the front desk for all outings